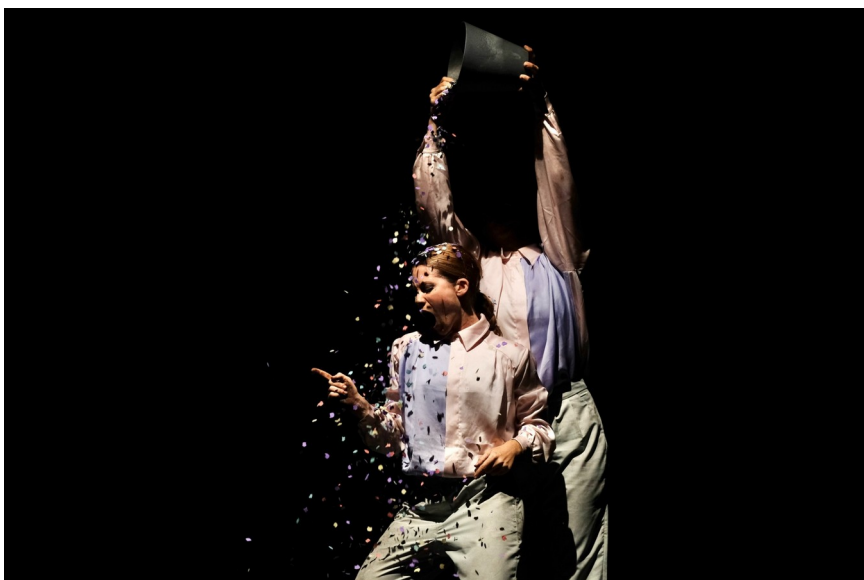




Associació de Companyies
Professionals de Dansa
de Catalunya

CIA. CARLA SISTERÉ PRESENTS 'THE SAD-MAD METHOD' AND 'SADNESSLÄND' IN NOVEMBER



Cia. Carla Sisteré returns to [Barcelona Districte Cultural](#) this November with a double bill featuring **The Sad-Mad Method** and **Sadnesslând**, presented at four venues across Barcelona.

The first performance takes place on November 6 at 7 pm at [Centre Cívic Casa Grogà](#). The programme continues on November 13 at 7 pm at Centre Cívic La Teixonera; November 20 at 8 pm at Sala Maremar; and November 21 at 6 pm at Sala Milaway. All four performances are part of Barcelona Districte Cultural.

Alongside these performances, from November 2 to 19, Carla Sisteré will lead [professional dance training sessions at Nunart](#), from 9:30 to 11 am, aimed at dance professionals.