



Associació de Companyies
Professionals de Dansa
de Catalunya

ANGEL DURAN PERFORMING ARTS, IN DECEMBER, WILL PARTICIPATE AT THE CERTAMEN COREOGRÁFICO IN MADRID AND BARCELONA DISTRICTE CULTURAL



Cowards



The Beauty of It

Àngel Duran Performing Arts will be at the 37^o Certamen Coreogràfico in Madrid for the first time with **Cowards** that will be performed from the November 28 to the December 3. For more information, check this link: <https://certamencoreografico.com/>

Cowards refers to the sociocultural burden acquired to hide the true identity behind pre-established behaviors. This proposal exposes the dialectic, generally toxic, and the captivity of masculine behavior. Furthermore, the show questions the mandates of contemporary masculinity and how men feel challenged by other men to publicly confirm their virility and identity.

On Friday 15 December, the company will continue participating at the Barcelona Districte Cultural circuit with **The Beauty of It**. In this case, the performance took place in Centre Cívic Casa del Relotge. For more information, check this link: <https://www.barcelona.cat/districtecultural/agenda/beauty-it>

The Beauty of It is inspired by popular documentaries from the 50's and, through Carl Jung's theories, the piece opposes the conscious and unconscious mind, immersing us in a reflective state in which the performer is the object of study, but also a mirror of ourselves. Carried away by the different qualities of movement and emotional expressions, we delve into the human condition.

