



Associació de Companyies
Professionals de Dansa
de Catalunya

ANGEL DURAN PERFORMING ARTS TRAVELS TO LANZAROTE FOR THE FIRST TIME AND CONTINUES THE PERFORMANCES WITHIN THE BARCELONA DISTRICTE CULTURAL PROGRAM



Cowards



The Beauty of It

Àngel Duran Performing Arts travels, for the first time, to Lanzarote (Las Palmas) with two pieces, **Cowards** and **The Beauty of It** that the company will perform, on November 2 and 4, respectively within the Festival Traslación: <https://www.festivaltraslacion.com/>

In addition, on November 10, **The Beauty of It** can be seen at the Centre Cívic, within the Barcelona Districte Cultural program: <https://www.barcelona.cat/districtecultural/agenda/beauty-it>

Shows synopsis:

Cowards refers to the sociocultural burden acquired to hide the true identity behind pre-established behaviors. This proposal exposes the dialectic, generally toxic, and the captivity of masculine behavior. Furthermore, the show questions the mandates of contemporary masculinity and how men feel challenged by other men to publicly confirm their virility and identity.

The Beauty of It is inspired by popular documentaries from the 50's and, through Carl Jung's theories, the piece opposes the conscious and unconscious mind, immersing us in a reflective state in which the performer is the object of study, but also a mirror of ourselves. Carried away by the different qualities of movement and emotional expressions, we delve into the human condition.

