



Associació de Companyies
Professionals de Dansa
de Catalunya

DOUBLE PROGRAM FROM ANGEL DURAN PERFORMING ARTS IN FESTIVAL MIRADAS DE DANZA IN GUADALAJARA



The Beauty of It



Cowards

Àngel Duran Performing Arts does a double at the Festival Miradas de Danza in Guadalajara (Castilla-La Mancha), on July 7. Two of the company's pieces can be seen in the Parque de San Roque: at 9.15 p.m., **Cowards**; and at 10.20 p.m., **The Beauty of It**.

For more information, check this link:

<https://miradasdedanza.es/>

The Beauty of It is inspired by popular documentaries from the 50's and, through Carl Jung's theories, the piece opposes the conscious and unconscious mind, immersing us in a reflective state in which the performer is the object of study, but also a mirror of ourselves. Carried away by the different qualities of movement and emotional expressions, we delve into the human condition.

Cowards questions the mandates of contemporary masculinity and how men feel challenged by other men to publicly confirm their virility. In short, the piece talks about the inability of men to express their weaknesses or to avoid confirming their fragility, denying their feelings, except for the rage or anger that they show through the exercise of violence, the only valid feeling and the only applauded, acclaimed and admired by traditional masculinity.

