



Associació de Companyies
Professionals de Dansa
de Catalunya

“CONSCIOUS REDUCTION” WORKSHOP



Thomas Noone and Alba Barral will be leading a workshop “Conscious Reduction” from the 1st to the 6th of September in Fabra i Coats creation centre, in Barcelona. The workshop, aimed at professional dancers and graduate students centres on the practice “Conscious Reduction” which seeks to unify corporal consciousness, objective self awareness and personal investigation.

Workshop, from 1st to 6th September

Fabra i Coats, Barcelona, from 10.30 to 5.30 h

